Your Problems

By Ann Landers

DEAR ANN: This letter will never get printed because it would make you look like a fool but I've got to write it anyhow.

For months I've been reading your advice to teen-agers who are considering marriage. It's always the same: "You're too young to know what's good for you." Even if you felt differently, you'd be afraid to say so for fear of having all the parents in the nation on your back.

Well, Ann Landers, I'd like you to know that my husband and I were both 16 when we married. Bob lied about his age and quit high school and got a job. There was plenty I didn't know about housework and cooking, but I learned. It was tough at first and we had our share of trouble. But after 11 years and two sons, we can both say we're glad we did it.

Today Bob and I have a wonderful marriage and we wouldn't trade places with anybody. All our relatives bet money our marriage would go on the rocks, but we fooled them. Print this—if you dare. —THE EXCEPTIONS

'We're Married, Mother'

Dear Exceptions: I don't deny there are OTHER exceptions around. But if you think for one minute I'm going to advise 16-year-old kids to get married on the slim chance that they, too, will be exceptions, you're mistaken.

Now that you are a parent, please answer this question:

How would you like to have your son when he is 16 years old, lie about his age, quit high school, bring home a bride and say "Hello, Mother, we're married"? Think about THIS before you criticize me for begging kids to stay in their saddle shoes and not trade them for satin wedding slippers before they've learned to balance themselves on high heels.

DEAR ANN: Five years ago my doctor discovered I had cancer. I had surgery, followed by radium treatments. The operation was a complete success and I've had no trouble since. Every year I have a check-up and thank God I'm perfectly well.

Since my operation my husband has been like a roomer in the house — and an unfriendly one at that. When I returned from the hospital he moved into the guest bedroom. He's still there. If I get close to him he actually cringes. He refuses to eat the food I prepare. He brings home meals for himself which he buys in a neighborhood restaurant.

My doctor had a long talk with him and explained there's nothing to be afraid of. My husband says "Doctors don't know anything."

I am 46 and he's 50. We have no children. This is no way to "grow old gracefully." What do you suggest? — THE DUCHESS.

Sicker Than You Were

Dear Duchess: That Duke of yours is sicker than you were. Tell him to see a doctor (head type) and work at getting back on the beam. If he refuses, pack his bags.

A woman 46 is young by today's standards. You should not live the balance of your life with a man who treats you in this unspeakable manner.

Dear Ann Landers: I'm 14 years old, but tall and could pass for 16. I speak and act very mature-like, too.

I've had a couple of dates with a high-school senior who is 18. He's just wonderful and all the girls envy me. He has teeth like Pat Boone.

I can't figure out what happened, but yesterday he told me not to telephone him any more because his mother doesn't like girls to bother him when he's trying to study. Do you think his mother really said something or was it his own idea? Please give me your very frankest opinion.—BEV.

* * *

Dear Bev: My very frankest opinion is that it doesn't matter whose idea it was. You've been temporarily disconnected. The boy probably was a little late discovering he's too old for you. Make new friends.

CONFIDENTIAL TO CELESTE: You got the sailor's ring in three hours???? What was the big hurry—ship sinking? Give it back, Sugar, and don't accept anything from him until—and unless—you're better acquainted. There's no substitute for time.

To learn the difference between marriage that "settles down" and one that "gets dull," send for ANN LANDERS' booklet, "What To Expect From Marriage," enclosing with your request 20 cents in coin and a large, self-addressed, stamped envelope.

(Ann Landers will be glad to help you with your problems. Send them to her in care of this newspaper enclosing a stamped, self-addressed envelope).

A Lovelier You

By Mary Sue Miller

MORE CURVE FOR THE LEGLINE. A lovely writes: the calves of my legs are so spindly that I am embarrassed to wear shorts and swim suits. Please, is there a way to develop more curve?

Be of good cheer, there are numerous ways. The calves immediately appear fuller when you wear seamless stockings in light shades. Shoes with the new oval toe and mid-heel further the cause. For a third assist, always stand with the knees relaxed and touching, one foot a bit ahead of the other.

Given time, these routines promote actual curves: 1. Sit on chair with knees crossed. Slowly bend raised foot upward, until calf muscles tighten and hold position for five counts; then relax and repeat 10 times. Reverse knee-cross and continue.

2. Wearing well-fitted flats, take a leisurely fifteen-minute stroll each day—at least five days out of seven. Wear flats, whenever feasible.

These routines develop the calf muscles and where there is a firm network of muscles, there are pretty curves.

YOUR MOST BECOMING LINES

Do you know in detail what lines in clothing enhance your good points and play down the not-so-good? The right lines do both and so make a fine figger of a woman! How it's done is told in our leaflet, "Your Most Becoming Lines." Advice is individual and includes silhouettes, necklines, shoulders, sleeves, belts, trimmings. To obtain your copy write me in care of this newspaper, enclosing a self-addressed, stamped envelope and five cents in coin.

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Daffodil Tea

St. Matthew's parish hall was decorated with a profusion of daffodils, forsythia, red currant, etc., for the Daffodil Tea held recently by the members of the Afternoon Guild.

In charge were Mrs. W. Sims, Mrs. A. Ashdown and Mrs. J. Nixon. Servers were Mrs. C. Connorton, Mrs. R. Carlow, Mrs. Joan Wade and Mrs. R. Guyton.

Tea tickets were sold by Miss L. Savory. Contests were in the hands of Miss M. Powers. Stall conveners were Mrs. O. S. Moore, Mrs. J. Goulding, Mrs. C. Stone, Mrs. H. W. McKenzie, Mrs. G. White, Mrs. G. Laird.

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To Be Married May 14

Mrs. Maria Huckele of Heidelberg, Germany, announces the engagement of forthcoming marriage of her youngest daughter, Hildegard Anna, 1308 Carnsew Street, Victoria, to Mr. William H. Hayward, youngest son of Mr. and Mrs. Reginald Hayward, 2140 Oak Bay Avenue. A quiet wedding will take place on Thursday, May 14, in Victoria. Following a honeymoon in California, the couple will make their home in this city.—(Photos by Jus-Rite)

Debates with Charlotte Separate Global Jaunts

By EILEEN LEAROYD

A newcomer who arrived here last month via a Royal Mail cargo steamer from England and several years in the Middle East and Europe — is Mrs. Blair Reid.

She now makes her home at Twin Cedars, Newport Avenue but for eight years in-between her many trips, she shared an apartment in Ottawa with that city's fiery ex-mayor, Charlotte Whitton.

Among other claims to fame, Mrs. Reid has a family connection with Amor de Cosmos, founder of the Colonist and second Premier of B.C.

FROM NOVA SCOTIA

"William Alexander Smith (alias de Cosmos) was a relative of my grandmother's from Windsor, Nova Scotia. Our family thought he was mad. I often remember them talking about him."

But back to Charlotte Whitton.

"When Charlotte first asked me to share her flat, I was very dubious," smiled Mrs. Reid. "After all, she is a great femininist—and I am not. However, she turned out to be a delightful person to live with. Dynamic, stimulating.

FRUSTRATED HER

"Charlotte often tried to get me into various movements, and I frustrated her completely. She would look at me and say — 'Ethel, you don't know anything about life at all.'

"But we got along beautifully. Charlotte has a tremendous knowledge of history and literature."

MRS. BLAIR REID
. . . got along beautifully

Mrs. Reid says the former mayor is now writing a column for the Ottawa Citizen, giving lectures in Canada and the U.S.

"It should go very well for Charlotte. She has a great wit."

ENJOYS HERSELF

Mrs. Blair has a large amount of wit herself and obviously enjoys anything she undertakes to its fullest extent.

After the death of her husband, an Ottawa engineer, 12 years ago, Mrs. Reid decided she would not be bound by material possessions.

"I loved my home and possessions when I had them. But—after my husband passed away I sold everything I had except two silver teaspoons and a toasting fork. Something for sentiment.

CORNWALL IN SPRING

"I went to England because I had always wanted to see Cornwall in the spring. I bought a car and toured all over, meeting old friends and making new friends. Then—home to Charlotte again."

In 1953 when Mayor Whitton went to London for the Coronation Mrs. Reid set off again too—for Austria and Italy and later to Karachi, India.

She spent several months there and in Lahore and in the native state with the curious name—Swat.

FASCINATING PEOPLE

"There were fascinating people and colors, and odd foods being cooked.

One of the journeys she enjoyed the most was the trip, on a bus, from Swat to Peshawar. She was the only European on the bus and she was most amused by the way everyone took turns coming up to have a good look at her. In Karachi she attended the Governor-General's reception when Pakistan became a republic.

Then — back to Charlotte again, by way of Bombay, Japan, Tokyo and a Norwegian cargo ship.

After another year in Ottawa Mrs. Reid again set out for the East. This time to Labanon, Beriut and to Jerusalem for Christmas.

She drove to Bethlehem on Christmas Day and then to Mendelbaum Gate to see the Arabs coming through the gate. For there is 48 hours of the year alone, that Arabs may enter Israel.

Mrs. Reid said the feeling between Israel and the Arab countries is still so bad that one cannot mail a letter from Arab territory direct to Israel —it has to be sent via England.

She then spent four months in Athens and Switzerland and more time in England.

Mrs. Reid has now decided to make Victoria her home as she has many friends here and likes the mild climate. She plans to do some writing, too.

463 New Patients Attended by VON

During the months of February and March, 463 new patients were admitted for nursing care by the Victorian Order of Nurses, it was announced at a recent Board of directors' meeting.

Also, 3,480 visits were made by the VON in this period and the parentcraft classes are booked to capacity with 75 mothers and 29 fathers attending the current series of discussions.

Physiotherapy treatment was given to two patients and 10 student nurses spent periods of time observing with the VON, as well as receiving instruction at both hospitals.

It was announced that the recent rummage sale netted the VON $1,103. Articles for next year are now being collected.

The organization will hold a Children's Fair, May 30, in Willows Park.

Weigh-In Club Proposed

Like to Shed Fat?

By ANNE SMELLIE

Do you want to shed that excess poundage in a sensible, economic way?

The answer may be to form a weighing-in club, a fairly new idea for women (and men, too) who are seriously overweight and can't afford high-priced reducing salons, vibrating machines and (or) pills.

In Victoria, an attempt was made in July, 1957, to start a club for "plump people." Nothing has been heard since, although the club may still be operating.

RECENT ARRIVAL

The idea for beginning a weighing-in club came from a recent arrival to the city, who called to inquire about such clubs in Victoria.

She outlined the idea behind the club, of which there are two in Vancouver—the Slimettes, to which she belonged, and the TOPS (Take Off Pounds Sensibly), in Ontario, as well as many in the U.S.

Clubs are formed of women with serious overweight problems.

In some cases, joining was on the recommendation of the family doctor.

SEE DOCTORS

In all cases, women should see their doctors and obtain a medical certificate saying how much they should lose, what their daily calorific intake should be, a diet and exercises.

Ideal number for a club is about 20 or less.

They meet once a week at one of their homes, the hostess providing very light, calorie-low refreshments.

At each meeting, members weigh in on scales purchased from club funds.

For every pound the individual gains she is fined 25 cents; if she remains the same weight as when she joined, she is fined 25 cents.

Formed as a regular club, there are elected officers and a fee of 25 cents a meeting to cover refreshments.

Extra money is used for prizes as the women reach their objectives, be it 50 or 25 pounds they want to shed.

Doctors, nutritionists and dieticians are among the guest speakers.

During the week preceding each meeting, members exercise; often several women together.

The weigh-in club works, in some ways, like Alcoholics Anonymous.

"Often, in the middle of the day or night when a member gets a powerful craving for a piece of cake, she gets right on the phone to another member and together they talk her through the rough period.

"By talking instead of eating, the craving usually disappears."

ONLY ONE

Our informant added that the very-overweight person often feels she is the only one with such a problem.

By making a communal effort out of weight-losing, she loses self-consciousness and really works hard to lose.

St. Ann's

May 6 is the date set for St. Ann's Academy's spring fete, the school's main project of the year. There will be a meeting Monday at which the Parents' Auxiliary will discuss plans for the fete. Rev. Sister Superior will be the speaker at the 8 p.m. meeting at the Academy.

Procession Will Open IODE Rally

Procession of standard-bearers and affirmation of the order will officially open the 46th annual meeting of Provincial Chapter, Imperial Order Daughters of the Empire, in the Empress Hotel ballroom on Tuesday morning at 9.15. Mrs. A. O. DuVernet, Vancouver, will officiate.

Election of provincial councillors will take place Tuesday morning. Cenotaph service will be held Tuesday at 1.15 p.m.

A coffee party is planned mid-day on Tuesday, and, in the evening the annual banquet will take place in the ballroom.

Wednesday morning the result of election of officers will be given and in the afternoon past president Mrs. F. E. Dowdall will report on IODE Emerson House, followed by reports from municipal chapters and isolated chapters.

Wednesday evening there will be a dinner in the Crystal Garden, followed by an evening meeting in the Georgian Lounge at the Empress Hotel, when report of the resolutions committee will be heard.

The meeting adjourns on Thursday morning.

Registration of delegates will commence on Monday afternoon and Monday evening a regent's conference will be held.

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